BCM School A Sr. Sec. School Affiliated to CBSE New Delhi Sector 32-A, Chd. Road

Dear Parents

Greetings!

The advent of New Year brings new opportunities, hopes and desires in its fold. Let this New Year - 2018 signify a new chapter in your life filled with pages of success and happiness, written by the ink of hard work and intelligence. The bygone year leaves the dews of sweet memories on our heart of your kind co-operation in all the endeavors and we seek your similar associations in the future too. As the apple of your eyes is going to take one more leap in his life so we want you to keep certain points in mind.

Parenting Tips

Parenting is a skill which is enriched with daily experiences. Parenting is not easy as many of you parents would have realized by now. These are some tips which will help to make the journey smoother and easier.

- Try to set aside time on a regular basis to do something fun with your children.
- Rather than tell them what not to do, teach and show them what they should do.
- Use descriptive praise when they do something well. Say, "I like how you ____ when you ____." Be specific.
- Help your child learn to express how he feels. Say: "You seem frustrated." "How are you feeling?" "Are you up set?" "You look like you are angry about that." "It's O.K. to feel that way."
- Try to see a situation the way your children do. Listen carefully to them. Try to form a mental picture of how it would look to them.
- Use a soft, confident tone of voice to redirect them when they are upset.
- Be a good listener: Use good eye contact. Physically get down to the level of smaller children. Don't interrupt. Ask open ended questions rather than questions that can be answered with a yes or no. Repeat back to them what you heard.
- Make sure they understand directions. Have them repeat them back.
- Look for gradual changes in behavior. Don't expect too much. Praise behavior that is coming closer to the desired goal.
- Develop a nonverbal sign (gesture) that your children will accept as a signal that they are being inappropriate and need to change their behavior. This helps them to respond to your prompt without getting upset.

Schedule of the Forthcoming Events

Final round of Quiz for LKG	2 nd Feb 2018 (Friday)
P.T.M	3 rd Feb. 2018 (Saturday)
Calligraphy Competition	5th Feb. 2018 (Monday)

Athletic Meet

Date	Day	Class & Section
12.02.2018	Monday	Nursery Daffodil A & B, Nursery Daisy A & B
13.02.2018	Tuesday	Nursery Jasmine A & B, Nursery Marigold A & B
15.02.2018	Thursday	Nursery Sunflower A & B, Nursery Tulip A & B
16.02.2018	Friday	LKG Lily, LKG Daffodil, LKG Marigold
17.02.2018	Saturday	LKG Rose, LKG Sunflower, LKG Lotus
19.02.2018	Monday	LKG Bluebell, LKG Daisy, LKG Jasmine, LKG Tulip
20.02.2018	Tuesday	UKG Bluebell, UKG Daffodil, UKG Daisy
21.02.2018	Wednesday	UKG Jasmine, UKG Lily, UKG Lotus
22.02.2018	Thursday	UKG Marigold, UKG Rose, UKG Sunflower, UKG Tulip
Declaration	of Result	Nursery & LKG -16 th March (Friday) Nursery - 9.00 am- 10.00 am LKG - 11.00 am- 12.00 noon
Graduation o	eremony	UKG - 17 th March (Saturday) Timimgs-10.00 am
Orientation l of new entra	Program for Parents nts	26 th March 2018 (Monday)
Havan for Nu	irsery	27 th March 2018 (Tuesday)
Commencement of New Session		Nursery - 28 th March (Wednesday) LKG & UKG - 2 nd April (Monday)

- Note: Transfer cases should apply for the transfer Certificate by 15 March 2018.
- If the student's name (transfer cases) is not struck off from the nominal roll of the new academic session, the payment of the first installment along with the annual charges will have to be paid.

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Principal Principal BCM SCHOOL Sec. 32-A, Urban Estate Chandigarh Road, Ldh